

Where is Your Fuel Coming From?

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Imagine this: you are planning the biggest road trip of your life; cross-country, coast to coast, just you, your car, and the road. You pack everything you need—food, toiletries, clothes, money, and you have a killer playlist for the ride. You have prepared as best as you can—after all, you know you might encounter obstacles along your trip.

You take off for this new journey. Hours pass. You are in the middle of nowhere when your car stops. You try starting it up again. Nothing. Soon enough, you discover the problem—your tank is empty. You carried everything you needed for this trip, but you forgot the most important thing that would take you through the entire journey: Your fuel.

This might seem like a detail that is foolish to overlook, but it is easy for us to get caught up in our daily paths, not only forgetting our “fuel” but where it comes from. Our fuel is our perspective; how we view ourselves, our lives, and ultimately, how we view God.

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SO YOU RAN ON EMPTY...

You realize you have come to a low point. Life has taken its toll, or you have made mistakes in the past. Perhaps you are not happy with your present circumstances, or you are simply dissatisfied with yourself. The first step to restoration is to forgive



yourself.

2 Corinthians 5:17-18 states that we are made new in Christ and that old things are passed away. Whether you have made unwise decisions or have previous failures, God removes any sin and shame from the past once you give your life to Him. He has given us life so that we can live abundantly, no longer in the chains of darkness. If you have accepted Christ and confessed your sins, God sees you as a new creation, and He wants you to see yourself in the same light.

WHEN YOUR LOAD'S TOO HEAVY...

We can get stuck in our journey, simply because we are carrying so many things!

Do you find yourself caught in fear for what is up ahead? The road we are called to pass through is often not an easy one. God might call you to forgive someone you never wanted to forgive, work for a boss who is demanding, or even take on a role you feel completely unqualified to fill.

Difficult roads, though long and challenging, are temporary and are meant for us to pass through to get to the other side. The Lord promises His presence, especially in trials. Sometimes, it takes us to fall short to realize that our confidence comes from Him and not ourselves. Be open to what God is teaching you during hardships, but do not try to carry these burdens on your own.

MAYBE YOU PACKED THE WRONG THINGS...

Are the relationships in your life nourishing you or burdening you?

The people in our lives can either fuel us or leave us running on empty. If you surround yourself with people who speak negatively to you, you will feel inadequate and discouraged. Similarly, we can feed ourselves negativity on our own. When you beat yourself down, it becomes impossible to see who God created you to be and the blessings He has provided. We carry our thoughts throughout the day, and they dictate our actions. If you think the wrong things, you will make choices based on the wrong thoughts.

God wants you to walk away from people or habits that are toxic. Sometimes we pack these things and hold onto them because we think we need them. Loosen the grip and keep your hands open. God will sort out what does not belong in your life, but He will leave you with what is best. You deserve it!

IT'S TIME TO REFUEL...

While you may go through difficulties in life, you can overcome them. However, your words, actions, and the people you take on this journey matter. These things shape your perspective and have the potential to keep you going or wear you down.

God has plans for your life, but He wants you to have a perspective that is fixed on Him, so that you can fulfill them. Find your fuel in Him, and you will find strength and worth even when you think you ran out.